



September 2010

JOHN PAUL II ACADEMY



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



6

Labor Day Holiday

7

Italian Dippers
Mixed Vegetables
Cottage Cheese
Pineapple
Diced Pears

8

Turkey / Cheese Wrap
Tuna Salad Sandwich
French Fries
Peaches
Apples

9

Taco / Burrito Bar
Refried Beans
Mexican Rice
Corn
Pears
Applesauce

10

Papa John Cheese Pizza
Tossed Salad
Ranch Dressing
Carrots
Fruit Cocktail
Peaches

13

Chicken Nuggets
Tater Tots
Peas
Hot Roll
Applesauce
Diced Pears

14

Sloppy Joe (Manwich) on Bun
Macaroni and Cheese
Baked Beans
Pineapple
Peaches

15

Sliced Pork and Gravy
Mashed Potatoes
Green Beans
Hot Roll
Pineapple
Banana

16

Corn Dogs
French Fries
Mixed Vegetables
Peaches
Apples

17

Pepperoni Pizza
Tossed Salad
Ranch Dressing
Carrots
Fruit Cocktail
Oranges

20

Hot Dog
French Fries
Green Beans
Mixed Fruit
Apples

21

Italian Dippers
Marinara Sauce
Mixed Vegetables
Cottage Cheese
Fruit Choice

22

Sausage Patty
Pancakes with Syrup
Scrambled Eggs
Applesauce
Orange Slices

23

Taco/ Burrito Bar
Corn
Refried Beans
Mexican Rice
Diced Pears
Banana

24

Papa John Pizza
Carrots
Side Salad
Dressing
Applesauce
Peaches

27

Chicken Patty / Bun
Buttered Noodles
Peas
Peaches
Applesauce

28

Turkey Sub on Bun
Cauliflower
Cheese sauce
Carrots
Pineapple
Oranges

29

Spaghetti with Meat sauce
Tossed Salad / Dressing
Green Beans
Hot Roll
Pears
Peaches

30

Sausage Patty
French Toast Sticks
Scrambled Eggs
Bananas
Fruit Cocktail

News

**Milk is Served
Daily with Lunch**

**Menus are
Subject to Change**

**Daily Alternates
Include:
Grilled Cheese
Baked Potato
Hot Dog**

